HORSESHOE VALLEY HUSTLE

TRAIL RACE & ENDURANCE CHALLENGE

presented by rossignol

Saturday, October 31, 2026

Horseshoe Valley Resort
1101 Horseshoe Valley Road West, Barrie, ON

1KM | 5KM | 10KM | 8-HOUR SOLO | 2-PERSON RELAY | 4-PERSON RELAY | 8-PERSON RELAY

Welcome to the Horseshoe Valley Hustle!

Whether you're joining us for your first trail race, taking on the 10KM, bringing the family out for the Small Steps 1KM, or spending eight hours on the trails with your crew, we're excited to have you join us at Horseshoe Valley Resort for a fun day on the trails!

This guide contains everything you need to know before race day, including schedules, parking, bib pickup, course information, aid stations, relay procedures, race rules and what to expect throughout the day. Please read through the guide before arriving so you can spend race day focused on the trails, your team and having a great time!

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CHOOSE YOUR CHALLENGE

The Horseshoe Valley Hustle offers distances and options for all ages and abilities! There are lots of great events to choose from, whether you are looking to lace up with your little ones, complete your first 5K or take on a new challenge, there is something for everyone. Participants wanting to do the Spooky Small Steps 1KM Halloween Dash as well as one of the main trail race events will have enough time to complete both. For all other race events, participants will only be able to register for one.

Spooky Small Steps 1KM Halloween Dash

Family-friendly, non-trail route. This event is halloween themed and costumes are encouraged! $10 from each entry will support the Child & Youth Advocacy Centre of Simcoe Muskoka. Get the whole family involved and lace up in support of a good cause!

Parents are encouraged to accompany their children taking part in the 1KM event.

5KM Trail Race

One loop of the Horseshoe Valley Hustle course.

10KM Trail Race

Two 5KM loops of the Horseshoe Valley Hustle course.

8-Hour Endurance Challenge

Complete as many 5KM loops as possible within eight hours.

Available as:

- Solo
- Team of 2
- Team of 4
- Team of 8

EVENT DAY SCHEDULE

Here is a quick overview of the schedule for the day:

Saturday, October 31, 2026

Morning Schedule

7:30 AM — Race Day Bib Pickup Opens (all events)
Guest Services Located in Main Chalet

8:45 AM — Pre-Race Announcements, Warm Up & Athlete Briefing
Start/Finish Line

> ***Athlete Briefing:*** *All athletes, are strongly encouraged to attend the 8:45 AM Athlete Briefing at the Start/Finish Line. Important race-day information, course conditions, safety reminders and any last-minute updates will be shared during the briefing. Please plan to arrive early enough to attend. Everyone participating in the 8-hour challenge will receive an ankle chip on race morning during the athlete briefing. This must be worn the full duration of the race.*

9:00 AM — Small Steps 1KM Run/Walk Start

9:30 AM — 5KM & 10KM Race Start

9:30 AM — 8-Hour Endurance Challenge Start

Race Awards

10:15 AM — 5KM Awards Ceremony
Main Stage / Après Patio

10:45 AM — 10KM Awards Ceremony
Main Stage / Après Patio

8-Hour Endurance Challenge

9:30 AM — 8-Hour Endurance Challenge Start

5:00 PM — FINAL LAP must begin for 8-hour challenge

5:30 PM — 8-Hour Endurance Challenge Ends

5:45 PM — 8-Hour Endurance Challenge Awards Ceremony
Main Stage / Après Patio

BEFORE RACE DAY

Registration

- **Registration closes:** Online registration will close October 31st at 8:30AM
- **Race day registration:** All race registrations must be completed online through Race Roster. Horseshoe Valley Resort is **cashless**, and we are unable to process registrations in person. Looking to register on race day? No

problem! You can complete your registration online and then pick up your race bib in person at the registration area on event day.

- **Transfer policy:** If you can no longer attend, you may transfer your registration to another runner. Transfers can be completed by contacting the race organizer in advance or in person on event day. **We strongly encourage all transfers to be completed before race day whenever possible.** For safety and emergency purposes, it is important that the name and information associated with your registration and race bib match the person participating in the event.
- **Deferral policy:** We do not offer deferrals to a future event
- **Refund policy:** All registrations are final. We do not offer refunds for registrations once they have been completed.
- **Team changes:** Team members may be changed if someone is no longer able to participate. Please contact the race organizer in advance to update your team information, or speak with the registration team in person on event day.

RACE KIT PICKUP

All participants must pick up their bib prior to starting their race. **Bibs must be pinned to the front of your shirt and visible throughout the event.**

Race day bib pickup will be available; however, **we strongly encourage participants to pick up their race bib prior to race day** at one of our scheduled race kit pickups.

Someone else may pick up your bib on your behalf. They will simply need to provide your first and last name.

BIB PICKUP OPTIONS:

Thursday, October 29th, 2026
MEC Barrie
61 Byrne Drive, Barrie ON
4:00PM - 6:30PM

Please note that this is an offsite bib pickup. Our team and race bibs will only be available at MEC Barrie during the times listed above. Please do not arrive outside of these hours, as bib pickup will not be available.

Friday, October 30th, 2026
Horseshoe Valley Resort
Guest Services/Main Chalet Building
2:00PM - 4:00PM

Saturday, October 31st, 2026 (Race Day)
Horseshoe Valley Resort

Guest Services/Main Chalet Building
7:30AM - 8:45AM

GETTING TO HORSESHOE

To have the best possible race day experience, please arrive early and give yourself enough time for parking, bib pickup, using the washrooms, warming up and attending the 8:45 AM Athlete Briefing. **All 8-hour athletes are strongly encouraged to attend, as important race-day information, safety reminders and any last-minute course updates will be shared.**

We recommend arriving between **7:45AM - 8:30AM**.

Event Address:

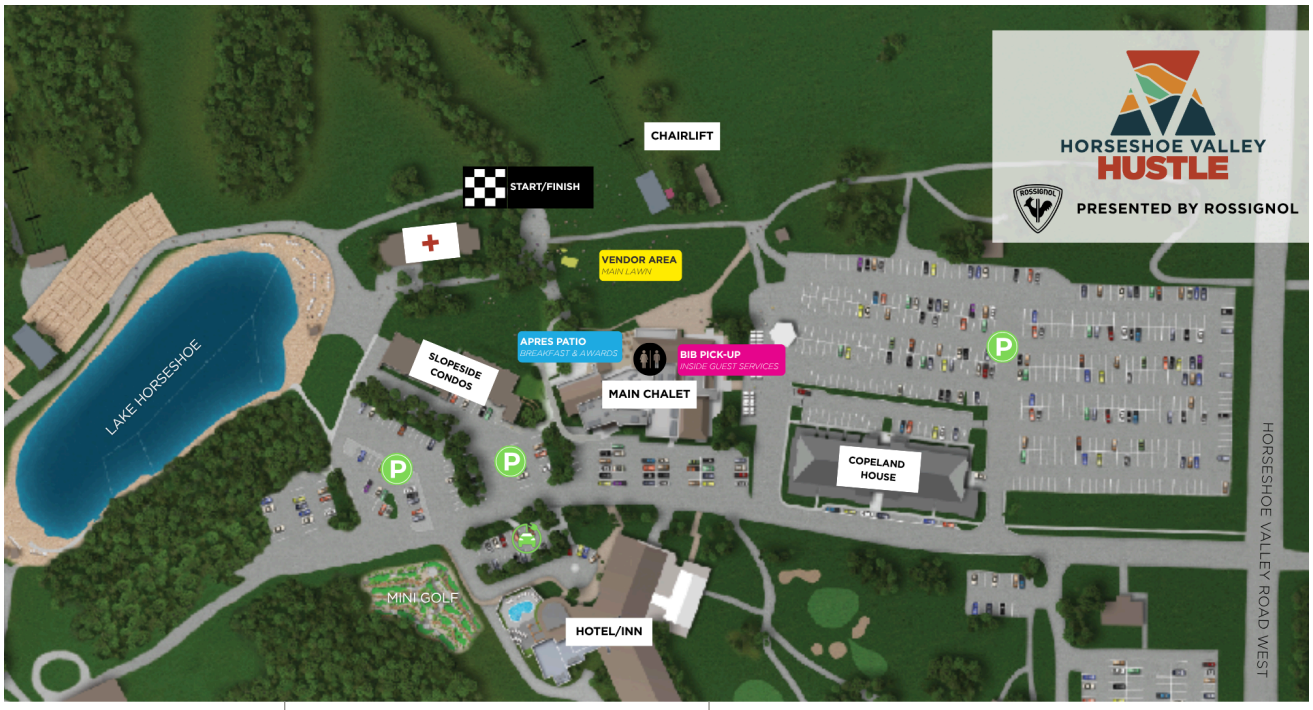
Horseshoe Valley Resort
1101 Horseshoe Valley Road West
Barrie, ON L4M 4Y8

Parking

There is plenty of free parking available onsite at Horseshoe Valley Resort. Parking is located just meters away from the race start area, but we recommend arriving early to allow time to park, walk to registration, and prepare for your race.

Race Venue Map

To help make your race day experience as smooth as possible, take a look at the race site map ahead of time to familiarize yourself with parking, registration, race start, aid stations, washrooms and other key locations. Click here to download the site map.



Start/Finish Line
Free Parking
EV Parking
Public Washrooms
Patrol Building

MAIN CHALET

Guest Services - Bib Pick-up (Main Floor)
Public Washrooms (Both Floors)
Crazy Horse Sports Bar & Grill (Upstairs)

HOTEL/INN

Hotel/Condo Check-in Front Desk
Gym
Pool, Hot Tub & Sauna
Games Room

RACE DAY SCHEDULE

7:30AM - Race day bib pickup (guest services)
8:45AM - Pre-Race Announcements & Athlete Briefing (start/finish line)
9:00AM - Spooky Small Steps 1KM Run/Walk Start
9:30AM - 5KM & 10KM Start
9:30AM - 8-Hour Endurance Challenge Start
10:15AM - 5KM Race Awards
10:45AM - 10KM Race Awards
5:30PM - 8-Hour Endurance Challenge Ends
5:45PM - Awards Ceremony - 8-Hour Endurance Challenge

THE COURSE

The Horseshoe Valley Hustle route is a 5KM looped course.

The Horseshoe Valley Hustle takes place on a **challenging and hilly 5KM trail loop** through Horseshoe Valley Resort.

What to Expect

This is a true trail race with a rugged and varied course. Runners should be prepared for:

- Approximately 200m of elevation gain per 5KM loop
- Lots of climbing and descending
- Narrow and technical singletrack
- Roots, rocks and loose terrain
- Uneven footing

- Steep sections
- Short paved sections between trail areas
- Changing trail conditions depending on weather

Trail shoes are strongly recommended. Please be prepared for potentially wet, muddy, slippery or loose conditions on race day.

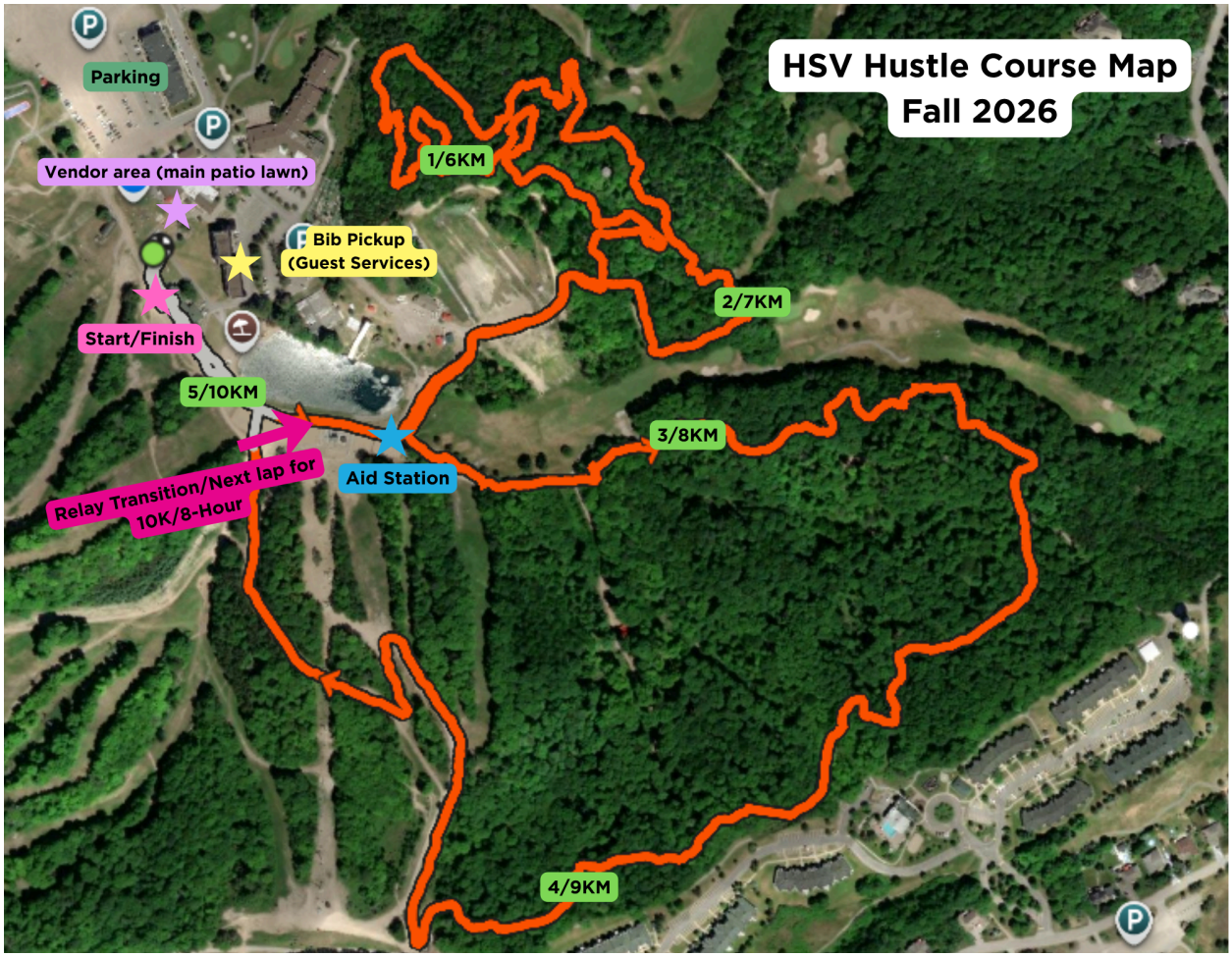
Course Format

The Horseshoe Valley Hustle course is one 5KM loop.

- **5KM:** Complete 1 loop
- **10KM:** Complete 2 loops
- **8-Hour Endurance Challenge:** Complete as many loops as possible within the 8-hour time limit

Course Map

The course map can be viewed by [clicking here](#).



Trail Etiquette

Please be respectful of other runners and share the trail. Much of the course includes narrow singletrack, so runners should:

- Run single file and stay to the right side of the trail whenever possible.
- If you need to pass, communicate with the runner ahead and pass safely on the left when there is enough space.
- Please be aware of your surroundings and listen for runners approaching from behind.
- Headphones are discouraged so you can remain aware of other runners, course marshals and your surroundings. If you choose to wear headphones, please use only one earbud.
- Follow all course markings and instructions from course marshals and volunteers.

Thank you for helping keep the course safe and enjoyable for everyone!

Small Steps 1KM Run/Walk Route

The Small Steps 1KM course is a non trail race and will take place on **paved paths alongside Lake Horseshoe**, providing a fun and accessible course for our youngest participants.

The route is approximately **1KM** and is designed as a run/walk.

AID STATIONS & NUTRITION

The aid station is brought to you by MEC Barrie. There will be **one aid station located at approximately the 2.5KM mark** of the 5KM course.

Location: Approximately 2.5KM
Frequency: Once per 5KM loop

What Will Be Available

The aid station will provide:

- Water
- Electrolytes
- Food, nutrition and energy products provided by MEC Barrie (full list will be made available prior to race day)
- A portable toilet will also be available at the aid station.

Important for 8-Hour Participants

The aid station is available to all participants, but **8-hour athletes should plan to carry their own hydration and nutrition to suit their individual needs** and should not rely solely on the aid station.

Because 8-hour participants may complete multiple loops throughout the day, please plan accordingly and consider what hydration and fuel you will need to stay comfortable and properly fueled throughout the challenge.

Personal Drop Bags: 8-hour participants may leave a personal bag with their own hydration, nutrition or other race-day items at the aid station. All bags **must be clearly labelled with the athlete's first and last name** and should be securely closed. Drop bags will be available for athletes to access throughout the event, but **this will be a self-serve area**. Athletes are responsible for managing and retrieving their own items left at the aid station.

GENERAL RACE RULES

- **Runners & Walkers:** Both runners and walkers are welcome. If you plan to walk the entire distance, we recommend the 5KM event. The 8-Hour Endurance Challenge is a significant endurance event, and participants should be appropriately trained and prepared.
- **Number of events:** Participants will only be able to participate in one trail race event. For example, if you are doing the 8-hour endurance challenge, you will not be able to participate in the 5KM trail race as well. The exception to this will be the Small Steps 1KM event. Anyone wanting to do both the 1KM and one of the main trail race events will have enough time to do both.
- **Bib Visibility:** Your race bib must be securely attached to the front outermost layer of your clothing and visible at all times.
- **Timing:** All race distances are chip timed (except for the small steps 1KM event). Your timing chip is located on the back of your bib and must remain with you throughout the race.
- **Course Cutting:** Participants must complete the entire marked course. Cutting the course or intentionally missing a section of the course may result in disqualification.
- **Course Markings:** Stay on the marked course at all times. Do not remove, move or alter course markings.
- **Outside Assistance:** Participants may only receive assistance in designated areas or from official race volunteers, unless otherwise approved by the race organizers.
- **Non-Registered Participants:** Only registered participants may take part in the race. Please do not run alongside or pace a registered participant unless specifically permitted by the race organizers.

- **Dogs & Strollers:** Dogs and strollers are **not permitted on the 5KM, 10KM or 8-hour events** due to the nature of the trails. Dogs and strollers are permitted in the Small Steps 1KM event.
- **Littering:** Please do not litter. Any personal waste must be disposed of at designated locations, including the aid station.
- **Camping: Camping is not permitted** onsite at Horseshoe Valley Resort.

8-HOUR ENDURANCE CHALLENGE

How the 8-Hour Endurance Challenge Works:

The **Horseshoe Valley Hustle 8-Hour Endurance Challenge** is designed for runners who want to push their limits, challenge themselves on the trails and see how many kilometres they can complete in a single day.

The challenge takes place on our **5KM trail loop**, featuring technical singletrack, roots, rocks, rolling terrain, steep climbs and approximately **200m of elevation gain per loop**.

Everyone participating in the 8-hour challenge will receive an ankle chip on race morning during the athlete briefing. This must be worn the full duration of the race.

Your goal is simple:

- Complete as many 5KM loops as possible between 9:30 AM and 5:30 PM

You can take on the challenge as a **Solo Runner** or as a **Relay Team**.

Choose Your Challenge:

SOLO
One athlete completes as many 5KM loops as possible within the 8-hour time limit.

DUO
Two athletes share the laps and work together to complete as many loops as possible.

TEAM OF 4
Four athletes share the laps and create their own strategy for maximizing their team's distance.

TEAM OF 8
Eight athletes share the laps and work together to complete as many loops as possible.

Whether you're racing for distance, challenging yourself to hit a personal goal or simply spending the day on the trails with friends, the 8-Hour Endurance Challenge is all about seeing what you can accomplish.

Solo Runners

Solo runners take on the full 8-hour challenge themselves.

Your goal is to complete as many **5KM loops as possible between 9:30 AM and 5:30 PM**.

There is no requirement to complete a specific number of laps. You can set your own goal and manage your effort, nutrition and recovery throughout the day.

Because the course is challenging and includes significant elevation gain, **pacing and fueling will be important**. Plan ahead for the conditions and consider how you will manage your effort over multiple hours on the trails.

Solo runners are encouraged to use the aid station and their personal drop bag as needed throughout the challenge.

Relay: How It Works

Gather your crew, create your strategy and see how many kilometres you can complete together!

Relay teams will **take turns completing laps**, with **one team member running on the course at a time**. While one teammate is running, the rest of the team can recover, refuel, cheer and prepare for their next turn. Key things to remember:

- One runner on course at a time
- Teams choose their own rotation
- One team timing bib
- Each person gets a personal ID bib (no chip)

Relay Exchange Process

The relay exchange is the handoff between teammates at the end of each 5KM loop. **Only one team member may be on the course at a time**, and the team timing bib must remain with the active runner throughout their lap.

Your team should plan to have the next runner ready in the designated relay exchange area before the incoming runner finishes their lap.

There is no required running order for relay teams. Teams can decide their own strategy and determine how they want to rotate runners throughout the 8-hour

challenge. Whether you choose to switch runners every lap or have one runner complete multiple laps, the strategy is completely up to your team.

STEP 1 — Complete the Lap

Runner A completes their 5KM loop and makes their way toward the designated relay exchange area.

Runner A must remain with the **team timing bib** until they reach the exchange area.

STEP 2 — Enter the Relay Exchange Area

Runner A enters the designated **relay exchange zone** after completing their lap.

Runner B should be waiting in the designated area and ready to receive the timing bib.

Please do not crowd the exchange area. Teammates who are not actively exchanging should remain clear of the area and follow instructions from race volunteers.

STEP 3 — Hand Over the Timing Bib

Runner A removes the **team timing bib** and hands it directly to Runner B.

The timing bib must be transferred to the next runner before they begin their lap.

Do not send the next runner onto the course without the team timing bib.

STEP 4 — Runner B Attaches the Timing Bib

Runner B securely attaches the team timing bib before entering the course.

Take a moment to make sure the bib is properly secured and visible so that the timing system can accurately record the lap.

STEP 5 — Runner B Starts the Next Lap

Once Runner B has received and secured the team timing bib, they begin their 5KM lap.

Runner B is now the team's active runner.

The timing bib must remain with Runner B for the entire lap until the next relay exchange.

STEP 6 — Runner A Clears the Exchange Area

Once the handoff is complete, Runner A should move away from the relay exchange area to recover, refuel and prepare for their next turn.

Keeping the exchange area clear will help ensure that incoming and outgoing runners can move safely and efficiently.

Relay Exchange Reminders

- **One runner on course at a time per team.**
- The **team timing bib must always be with the active runner.**
- The timing bib must be handed directly from the incoming runner to the next runner.
- The next runner **must not start their lap without the team timing bib**.
- Individual identification bibs are **not used for team timing but MUST be worn at all times for safety purposes**.
- Only the runner carrying the team timing bib is considered the team's active runner.
- Follow all instructions from race officials and volunteers at the relay exchange.

Tip: Have your next runner ready before your teammate finishes their lap. A smooth exchange will help your team minimize downtime and get back out on the course!

Course Cut-Off

The course will close at **5:30 PM**.

Final Lap Cut-Off

The 8-Hour Endurance Challenge officially ends at **5:30 PM**.

To ensure all participants have the opportunity to complete their final lap within the event time, **all runners must begin their final lap no later than 5:00 PM.**

No runner will be permitted to start a new lap after 5:00 PM. If you have not started your final lap by 5:00 PM, your final completed lap will be the last lap counted toward your total.

Runners who begin their final lap by 5:00 PM will be permitted to complete the lap, with the course closing at **5:30 PM**.

This rule applies to **both solo runners and relay teams**.

Lap Tie-Breaker

If two or more participants or teams finish the challenge with the **same number of completed laps**, the overall placing will be determined by the **fastest time recorded for their final completed lap**.

For relay teams, the final lap time will be based on the time recorded for the team timing bib during the team's final completed lap.

Example:
If two runners both complete 8 laps, the runner with the faster time on their 8th and final lap will place ahead of the other runner.

This tie-breaker applies to both **Solo and Relay** participants.

Make a Plan

Eight hours on a technical trail course is a long day. Come prepared and think about your strategy before you arrive.

Consider:

- How frequently you want to rotate runners
- How many laps you want each runner to complete
- Your hydration and nutrition plan
- What you will need between laps
- Your personal goals for the day
- How you will adjust your strategy if conditions or fatigue change

Most importantly, **have fun with it!**

The 8-Hour Endurance Challenge is about pushing your limits, supporting your teammates and seeing how far you can go. Whether you're chasing a podium, a distance goal or simply looking for a memorable day on the trails, we can't wait to see you out there.

WHAT TO BRING/RECOMMENDED GEAR

Everyone

- Race bib
- Trail shoes
- Weather-appropriate clothing
- Water
- Phone
- Personal nutrition
- Extra layers
- Change of clothes

8-Hour Athletes

- Hydration vest
- Electrolytes
- Nutrition/fuel
- Extra shoes
- Extra socks
- Warm layers
- Rain gear
- Hat/gloves
- Chair or blanket for when you are not running
- Personal crew supplies
- Backup gear

Relay Teams

- Individual bib
- Team timing bib
- Team strategy
- Food/hydration
- Warm clothing
- Team signage/flag if desired

SAFETY AND MEDICAL

Your safety is our priority. Please follow all course markings and instructions from race staff, volunteers and Ski Patrol throughout the event.

Medical Assistance

Ski Patrol will be stationed at the Start/Finish area and will also be mobile throughout the course to assist participants as needed.

If you are injured, feel unwell or are unable to continue:

- Stop and move to a safe location off the trail if you are able to do so.
- Notify a course marshal, volunteer or Ski Patrol member.
- If you see another participant who requires assistance, please alert the nearest race staff member or Ski Patrol.
- Follow the instructions of Ski Patrol and race officials.

Trail Safety

The Horseshoe Valley Hustle takes place on challenging and technical trail terrain. Please:

- Stay on the marked course at all times.
- Follow all instructions from course marshals, volunteers and Ski Patrol.
- Do not remove, move or alter course markings.
- Be aware of roots, rocks, uneven footing and loose terrain.
- Take extra care on steep climbs and descents.
- Give way appropriately on narrow sections of trail.
- Run within your ability and adjust your pace to the conditions.
- If you need to stop, move safely to the side of the trail so you do not obstruct other runners.

If you cannot safely continue, stop and notify race staff or Ski Patrol. Do not leave the course without informing an event official.

WEATHER & TRAIL CONDITIONS

October weather can change quickly, so please come prepared for a range of conditions. We will do our best to ensure the trails are well maintained and in good condition, but weather is out of our control. We recommend bringing:

- **Trail shoes** with good traction
- Hydration or a hydration system
- Personal nutrition and fuel
- Lightweight, weather-appropriate layers
- Rain jacket
- Extra socks
- Extra shoes
- Warm, dry post-race clothing
- Gloves and/or toque depending on the forecast

Race Day Weather

The Horseshoe Valley Hustle will take place **rain or shine**. Please check the forecast leading up to race day and come prepared for the conditions.

The event will only be cancelled or modified in the event of **extreme or unsafe weather conditions**. If there are any significant changes to the event, participants will be notified by email and updates will be posted on the main event pages.

RESULTS AND AWARDS

5KM & 10KM Trail Races

Results for the 5KM and 10KM races will be based on **overall finish time**. Awards will be presented to the **Top 3 Overall Male and Top 3 Overall Female** finishers in each distance.

8-Hour Endurance Challenge

For the 8-Hour Challenge, results are based on the **number of completed 5KM laps**.

- **Solo:** Total completed laps × 5KM (Male and Female prize awarded)
- **Relay:** Team total is based on the total number of completed laps × 5KM
- **Partially completed laps do not count** toward the final lap total.
- In the event of a tie in completed laps, the participant or team with the **fastest final completed lap** will place ahead.
- Relay teams are ranked within their registered team category: **Duo, Team of 4 and Team of 8**.

Awards

Awards will be presented for:

- **5KM:** Top 3 Overall Male and Top 3 Overall Female
- **10KM:** Top 3 Overall Male and Top 3 Overall Female
- **8-Hour Solo:** Overall Male and Overall Female
- **8-Hour Relay:** First Place Team in the Duo, First Place Team of 4 and First Place Team of 8 categories

All results and awards are subject to official timing and verification by the race organizers.

SPECTATORS

Bring your friends and family and make a day of it! Spectators are welcome to cheer on participants from **designated spectator areas**, particularly around the Start/Finish area.

For safety, spectators must remain in designated areas and follow instructions from event staff and course marshals. Spectators are not permitted in restricted or race-only areas or on the course.

Spectators do not receive race-day inclusions, but are welcome to purchase food and beverages onsite through Horseshoe Valley Resort outlets. Washrooms and resort amenities are also available onsite.

Please cheer responsibly, stay clear of runners and keep the course safe and enjoyable for everyone.

ACCOMMODATIONS & RESORT AMENITIES

Stay Onsite and Make It a Race Weekend

Make race weekend easy by staying right at Horseshoe Valley Resort. Relax before the start line, enjoy onsite dining and amenities, and recover after your race without having to drive home.

Horseshoe Valley Hustle participants receive:

- **20% off resort accommodations**
- **Reduced 9% Resort Fee**
- **No minimum stay required**
- Use promo code **HUSTLE** when booking

CLICK HERE TO BOOK YOUR DISCOUNTED ACCOMODATIONS

Food & Beverage

There are several onsite options to fuel up before and after your race:

Crazy Horse Restaurant
Enjoy a full menu with plenty of options for pre- and post-race meals.

Breakfast Buffet
A breakfast buffet is available at the Main Hotel / Eleven01 and can be purchased onsite.

Shoe Brew
Our onsite coffee shop may also be open on race weekend, subject to availability.

Hours and availability may vary on race weekend. Additional food and beverage details will be provided closer to the event.

Make a Weekend of It

Once you're finished racing, stick around and enjoy the resort. Whether you're recovering from an 8-hour challenge, cheering on your relay teammates or spending the weekend with family and friends, there is plenty to enjoy onsite.

PARTNER PROMOTIONS

Our partners are helping you get ready for race day, whether you're looking to test your trail shoes, preview the course or build your training and race-day knowledge.

ROSSSIGNOL COURSE PREVIEW + SHOE DEMO

Tuesday, September 22, 2026
5:00PM - 7:30PM
Après Patio / Main Lawn at Horseshoe Valley Resort

Join Horseshoe Valley Resort and **Rossignol** for a special Horseshoe Valley Hustle Course Preview & Shoe Demo!

Get an exclusive preview of the race course before race day, meet and run with our ambassadors, and connect with the local running community. Rossignol will be onsite with trail running shoes available to demo and test out on the trails.

Whether you're already registered for the Horseshoe Valley Hustle or thinking about signing up, everyone is welcome to join us for a fun night on the trails.

View full event details HERE.

Check out Rossignol's full line up of trail running shoes and gear HERE to equip yourself with everything you need to tackle the Horseshoe Valley Hustle!

ROSSIGNOL

MEC BARRIE — TRAIN FOR THE TRAILS

Get race-ready with **MEC Barrie's four-week Train for the Trails clinic series**, designed to help runners prepare for the Horseshoe Valley Hustle and build confidence on the trails.

September 8: Build Your Base
September 15: Get Set with the Right Gear
September 22: Nutrition & Hydration Strategies
September 29: Get Race Day Ready

Whether you're new to trail running or looking to fine-tune your race-day preparation, these clinics cover key areas of training, gear, nutrition and race preparation.

MEC Barrie is also a recommended shopping destination for trail running and race-day gear, with product recommendations available to help you prepare for the Horseshoe Valley Hustle.

Learn More & Register HERE

MEC Barrie is also a great place to shop for your race-day essentials, with a wide selection of trail running shoes, apparel, hydration, nutrition and other gear to help you prepare for the Horseshoe Valley Hustle.

Mountain Equipment Company

FAQ - FREQUENTLY ASKED QUESTIONS

Can someone else pick up my bib?
Yes. They will need to provide your first and last name.

Can I register on race day?
Yes. Race day registration must be completed online through Race Roster by **8:30 AM**. Bib pickup is available onsite.

Can I change my distance?
Please contact the race organizer in advance to discuss any distance changes.

Can I transfer my registration?
Yes. Transfers are available up until **October 29** and can also be completed in person on race day. We strongly encourage transfers to be completed in advance.

Are spectators allowed?
Yes! Spectators are welcome in designated areas, including around the Start/Finish area.

Are costumes encouraged?
Absolutely! Costumes are encouraged for the Halloween-themed Small Steps 1KM.

Will the race happen if it rains?
Yes. The race takes place rain or shine and will only be cancelled or modified in the event of extreme or unsafe conditions.

How long is each 8-Hour Challenge lap?
Each lap is **5KM** with approximately 200m of elevation gain.

How many laps can I complete in the 8-Hour Challenge?
As many complete 5KM laps as possible within the 8-hour challenge.

Can relay runners complete multiple laps in a row?
Yes. Teams can create their own strategy and have a runner complete multiple laps before switching.

Does the relay team have to rotate every lap?
No. There is no required running order. Your team can decide how you want to rotate runners.

Can more than one relay team member be on the course?
No. **Only one team member may be on the course at a time.**

How does relay timing work?
Each relay team receives **one team timing bib with a timing chip**. The active runner carries the timing bib and passes it to the next runner during the relay exchange.

Does everyone on the relay team get their own bib?
Yes. Each team member receives an **individual identification bib**, plus the team receives one timing bib that is passed between runners.

Can I start another lap after 5:00 PM?
No. **All final laps must begin by 5:00 PM.** No new laps may be started after this time.

What happens at 5:30 PM?
The 8-Hour Challenge ends and the course closes. Runners must follow the instructions of race officials and Ski Patrol.

Do partially completed laps count?
No. Only completed 5KM laps count toward your final result.

What happens if two participants or teams complete the same number of laps?
The participant or team with the **fastest final completed lap** will place ahead.

FINAL - KNOW BEFORE YOU GO

Your Race Day Checklist

☐ Know your start time
☐ Pick up your race bib
☐ Arrive early and give yourself time to park, get ready and warm up
☐ **Strongly Recommended:** Attend the 8:45AM briefing at the start/finish line
☐ Wear your bib on the front of your outermost layer
☐ Wear appropriate trail shoes
☐ Bring your hydration and nutrition
☐ Check the weather and dress accordingly
☐ Know where the 2.5KM aid station is located
☐ 8-Hour Relay Teams: Know your team's running order and exchange strategy
☐ Know where the relay exchange zone is located
☐ 8-Hour Participants: Start your final lap before 5:00 PM
☐ Be off the course by 5:30 PM
☐ Stay for the awards and celebrate your finish!

MOST IMPORTANT

Have fun, stay safe, follow the course markings and listen to our volunteers, course marshals and Ski Patrol.

See you on the trails!